

DECEMBER 2004

Frozen meals are available for weekends and days that no meals are served- Upon request and arrangements with Site Manager. \$3.00 donation encouraged

Substitutions may be required to ensure a nutritious meal.

December 6
Fruit Juice
BBQ PORK CHOPS
Baked beans
Broccoli Cuts
Cracked Wheat Roll
Milk
Tossed Salad

December 13
CHINESE CHICKEN
Rice
Green Beans
Soy Sauce & Fortune Cookie
Pear Salad
WW Bread
Milk

December 20
Fruit Juice
MACARONI & CHEESE w/HAM
Carrots
Peas
WW Bread
Milk

December 27
CHICKEN CASSEROLE
Broccoli
Tossed Salad
Fruit in Jell-O
WW Bread
Milk

December 7
MEATLOAF w/GRAVY
Mashed Potatoes
Parslied Carrots
Fruit Crisp
WW Bread
Milk

December 14
SPAGHETTI w/MEAT SAUCE
Peas
Carrots
Oatmeal Cookie
Texas Toast
Milk

December 21
CHICKEN FRIED STEAK
Mashed Potatoes w/Gravy
Green Beans
Fruit
Tossed Salad
Cracked Wheat Roll
Milk

December 28
Fruit Juice
CRISPY FISH FILLET
w/Tartar Sauce
Au Gratin Potatoes
Calif Mixed Veg
Corn Bread
Milk

December 1
CORNED BEEF & CABBAGE
w/MUSTARD
Carrots
Mashed Potatoes
Pears
WW Bread
Milk

December 8
SWEDISH MEATBALLS
w/gravy
Parslied Whole Potatoes
Peas and Carrots
Tossed Salad
WW Bread
Milk

December 15
BAKED CHICKEN BREAST PATTY
Gravy
Mashed Potatoes
Green Beans
Cottage Cheese & Pineapple Salad
WW Bread
Milk

December 22
OVEN FRIED CHICKEN
Cheese Potatoes
Beets
Carrot/Raisin & Pineapple Salad
WW Bread
Milk
***Roast Beef-Star and Kuna

December 29
Fruit Juice
PORK ROAST w/gravy
Steamed Cabbage
Mashed Potatoes
Carrots
WW Bread
Milk

December 2
TUNA SALAD
Soup
Coleslaw
Carrot/Raisin Salad
WW Bread
Milk

December 9
Fruit Juice
OVEN FRIED CHICKEN
Mashed Potatoes w/Gravy
Green Beans
WW Bread
Milk

December 16
BBQ BEEF SANDWICH
Baked Beans
Mixed Vegetables
Coleslaw
WW Bread
Milk

December 23
Fruit Juice
ROAST BEEF w/GRAVY
Whipped Potatoes
Scandinavian Mixed Veggies
Cake
WW Bread
Milk

December 30
Fruit Juice
LASAGNA
Peas
Carrots
Tossed Salad
Texas Toast-Garlic butter
Milk

December 3
SALISBURY STEAK w/GRAVY
Mashed Potatoes
Scandinavian Mixed Vegetables
Fruit
Cracked Wheat Roll
Milk

December 10
HOT TURKEY SANDWICH
Mixed Vegetables
Mashed Potatoes/Gravy
Cranberry Sauce
WW Bread
Milk
Tossed Salad

December 17

All-Staff Meeting
No Meal Delivery

December 24

Christmas
Holiday

December 31

New Year's Holiday